

# Reverse Advent Calendar

1. Shelf Stable Milk
2. Tuna
3. Peanut Butter
4. Toothbrush/Toothpaste
5. Box of Cereal
6. Low Sodium Soup
7. Spaghetti Sauce
8. Macaroni and Cheese
9. Shampoo
10. Applesauce
11. Canned Ready to Serve Pasta
12. Toilet Paper
13. Canned Fruit
13. Pancake Mix needing only water
14. 100% Juice drinks
15. Low Sodium Vegetable
16. Unsalted Mixed Nuts
17. Canned Beef Stew
18. Whole Grain Pasta
19. Brown Rice
20. Oatmeal
21. Canned Beans
22. Canola/Olive Oil
23. Laundry Soap
24. Canola Bars

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